



Меѓународен Универзитет Визион - International Vision University
 Universiteti Ndërkombëtar Vizion - Uluslararası Vizyon Üniversitesi

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SYLLABUS

COURSE NAME	COURSE CODE	SEMESTER	COURSE LOAD	ECTS
FOUNDATIONS OF PSYCHOLOGICAL COUNSELING	5001	1	240	8

Prerequisite(s)	None
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Course Language	Turkish
Course Type	Required
Course Level	First Cycle
Course Lecturer	
Course Assistants	
Classroom	
Extra-Curricular Office Hours and Location	Meeting: Consultancy:

Course Objectives	The aim of the course is to teach the basic concepts of education; such as, historical, social, and philosophical aspects of education and to understand the psychological basis; such as, the main objective of the course, the purposes of the counseling and guidance, principles, theoretical basis and scope. The mission of the course is to train students in the field of guidance and counseling.
Course Learning Outcomes	In the end of this course students will be able to: <ul style="list-style-type: none"> • To learn the psychological phenomenon, and to interpret with the previous combined perceptions. • To meet their needs when faced with new situations, to achieve satisfaction, and to adapt the basic skills (understanding, interpretation, perception, and adaption of an active learning process). • To have a direct measure on results coming from the changes of behavior of learning psychologists and will be interested in learning it. • To know about the psychological counseling: Individuals recognition, develop and adapt to the environment, problem solving, professional assistance and qualified individuals to make a better decisions.
Course Contents	The contents of this course are: Reviewing the history of psychology, branches of psychology, cognitive processes in psychology, importance of emotions and motivation in developing personality, socialization and development, recognition and counseling theory and history of the development; explaining the principles of psychological counseling, psychological counseling, basic counseling theories and approaches, concepts and approaches underlying the theory, principles and techniques, counseling theories of thinking and new directions.

WEEKLY SUBJECTS AND RELATED PREPARATION STUDIES

Week	Subjects	Related Preparation
1	Education and Psychology, What is it and purposes	Related Chapters of Course Sources
2	Education, training and learning	Related Chapters of Course Sources
3	Historical development of psychology	Related Chapters of Course Sources
4	Psychological Foundations of Education Foundations	Related Chapters of Course Sources
5	Psychological counseling and guidance	Related Chapters of Course Sources
6	Definition of counseling, principles and objectives	Related Chapters of Course Sources
7	Mid-term Exam	Related Chapters of Course Sources
8	Theories of counseling, advisory services	Related Chapters of Course Sources
9	Guidance and counseling services	Related Chapters of Course Sources
10	Counseling services in schools	Related Chapters of Course Sources
11	Counseling theories and approaches	Related Chapters of Course Sources
12	Guidance and Counseling Education Events - The role and importance of education in guidance and counseling	Related Chapters of Course Sources
13	Introduction to Guidance and Counseling School	Related Chapters of Course Sources
14	School Improvement Program of psychological advice and guidance	Related Chapters of Course Sources
15	Final Exam	Related Chapters of Course Sources

ECTS / WORKLOAD TABLE

Presentation / Seminar			
Hours for off-the-classroom study (Pre-study, practice)	14	3	42
Midterm Exam	1	12	12
Final examination	1	14	14
Total Work Load			
ECTS		8	

GENERAL PRINCIPLE RELATED WITH COURSE

Dear students,

In order to be included, learn and achieve full success that you deserve in the courses you need to come well prepared by reading the basic and secondary textbooks. We are expecting from you carefully to obey to the course hours, not to interrupt the lessons unless is very indispensable, to be an active participant on the courses, easily to communicate with the other professor and classmates, and to be interactive by participating to the class discussions. In case of unethical behavior both in courses or on exams, will be acting in framework of the relevant regulations. The attendance of the students will be checked in the beginning, in the middle or at the end of the lessons. Throughout the semester the students who attend to all lectures will be given 15 activity-attendance points in addition to their exam grades.

SOURCES

COMPULSORY LITERATURE

No	Name of the book	Author's Name, Publishing House, Publication Year
1	Psikolojik Danışma ve Rehberlik	Yıldız Kuzgun, Nobel Yayın Dağıtım, 2015
2	Teorija i praksa psihoterapije i savetovanja	Vukosavljević Gvozden, 2007
3	What is Psychology?	Colman, A.M. Routledge, 2000

ADDITIONAL LITERATURE

No	Name of the book	Author's Name, Publishing House, Publication Year
1	Psikolojik Danışmanlık ve Rehberlik	Mehmet Güven, Anı Yayıncılık, 2008
2	Teorija i praksa psihološkog savjetovanja i psihoterapije	Corey, G. Jastrebarsko: Naklada Slap, 2004
3	Case Approach to Counseling and Psychotherapy	Corey, G. Belmont: Thomson Brooks Cole, 2009

EVALUATION SYSTEM

Underlying the Assessment Studies	NUMBER	PERCENTAGE OF GRADE
Attendance/Participation	15	% 10
Project / Event	1	%20
Mid-Term Exam	1	%35
Final Exam	1	%35
TOTAL	17	%100

ETHICAL CODE OF THE UNIVERSITY

In case of the students are cheating or attempt to cheat on exams, and in the case of not to reference the sources used in seminar studies, assignments, projects and presentations, in accordance to the legislations of the Ministry of Education and Science of Republic of Macedonia and International Vision University, will be applied the relevant disciplinary rules. International Vision University students are expected never to attempt to this kind of behavior.